



Costa Rica Active 1 2019

Detailed Itinerary

June 29	Students arrive in San Jose.	Bed and breakfast
June 30	Tour the culturally-rich town of Heredia.	Bed and breakfast
July 1	El Trapiche Tour of a sugar, coffee, and cocoa plantation and meet host families.	Homestay
July 2	Community service in Monteverde in the morning, and then hike through the reserve in the afternoon and evening.	Homestay
July 3	Community service in Monteverde in the morning, and then zipline through the reserve in the afternoon.	Homestay
July 4	Drive to Rincon de la Vieja and explore volcanic mud pits.	Hostel
July 5	Tube the Río Negro in Rincon de la Vieja in the morning and hike to waterfalls in the afternoon.	Hostel
July 6	Hike in Rincon de la Vieja in the morning, and then drive to Playa Flamingo.	Hostel
July 7-9	Surf lessons and snorkeling in Tamarindo.	Hostel/bed and breakfast
July 10-11	Whitewater raft the Río Pacuare.	Eco-lodge/bed and breakfast
July 12	Students depart from San Jose.	

We reserve the right to alter the itinerary prior to and throughout the trip as we constantly improve the Bold Earth experience. Itineraries may change due to severe weather, student ability, motivation and conditioning, high or low rivers, unpredictable natural disasters and acts of God, vehicle breakdowns, road closures, volcanic activity, forest fires, illness, ever-changing permit regulations, any potential threat to safety—or even a brilliant idea from a trip leader or student. In the event of a schedule change, comparable activities will be substituted when possible, and you will be notified by e-mail of significant changes.